

Pembroke Dock

**Station Inn, Hawkestone Street
01646 621255**

In the former booking hall of Pembroke Dock railway station – plenty of railway atmosphere.

Open: 7pm to 11pm (Mon), 11am to 3pm and 6pm to midnight (Tue to Sat – midnight.30 Fri and Sat), Midday to 3pm and 7pm to 10.30pm (Sunday).

Three or four real ales and occasional beer festivals.

Food: Lunch Tu-Su and evening Wed-Sat for good value traditional home-cooked lunches and evening meals

Children: Welcome until 9pm, later if eating

Awards: Listed in CAMRA Good Beer Guide 2009

Special features: Live music Saturdays, and annual beer festival.

How to find it: Jump off the train and there it is! **15 seconds**

Pembroke Dock bonus

Flying Boat Inn, 6 Queen Street, 01646 682810

Traditional style town pub, relaxed and friendly atmosphere.

Open: From 10am till midnight.30 (Mon to Sat), Midday to 10.30pm (Sun) serving a wide variety of real ales.

Children: Welcome until 7pm

Accommodation: Two rooms

Awards: Listed in CAMRA Good beer guide 2009

Pembrokeshire CAMRA's Best Pembrokeshire Pub 2008.

Special features: Folk club every Friday, Annual Beer Festival, display of memorabilia of flying boats stationed at Pembroke Dock.

How to find it: Leaving the station yard, turn right into Hawkestone Road. At the cross roads keep straight on, crossing Laws Street. Carry on down the dip and up the other side. This becomes Queen Street. The flying boat is on the left. **10 minutes**

Pembrokeshire Rail Travellers Association pioneered Real Ale Rail Trails back in the early nineties. After a break, we are now back! We have listed one pub near every station in Pembrokeshire, sometimes two. But you may know of, or even run a pub that you would like included in this guide next time. If so, please drop a line to Peter (Rail Guide editor) at the Taberna, Herbrandston SA73 3TD or by email at taberna@inn01.freeseerve.co.uk.

Important

- This guide was produced by the Pembrokeshire Rail Travellers Association (PRTA) who have done their best but accept no responsibility for the accuracy of the information it contains. Things change with time, and we will try and reflect the latest position on our website www.pрта.org.uk.
- It is only a guide. Please exercise responsibility if using it, take care on the road between station and pub, and drink safely!
- Walks from station to pub at Manorbier, Saundersfoot and Narberth involve sections on roads with no footway.

Hints and tips

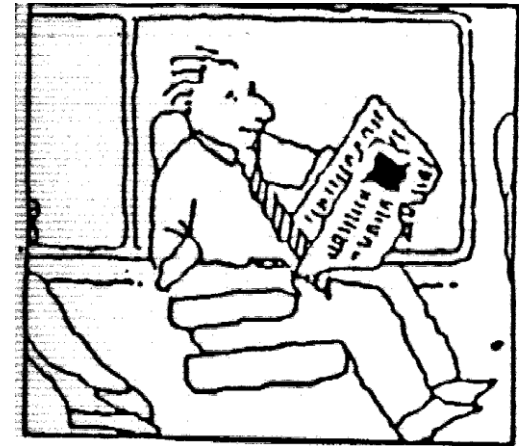
- Arriva pocket timetable 3 is a useful travel accessory.
- The West Wales day ranger ticket may be good value. It gives unlimited travel west of Carmarthen for a day for £7.80 (all day Sa/Su, after 08.45 M-F)
- If travelling on a Sunday, phone 08457 484950 to double-check train times.
- Opening times may vary summer to winter. It may be worth phoning ahead to check.

The PRTA is a voluntary group working to improve transport in the county. Members receive six newsletters a year and information on train times and fares. If you would like to help us try to improve rail services, you can join us by sending your name, and email address and £4 (all PRTA material comes by email) or postal address and £7 (all PRTA material comes by post) to our membership secretary:
Robert Best, 11 Warwick Road, Milford Haven,
or woblats1@aol.com

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PEMBROKESHIRE COAST

REAL ALE TRAIN TRAIL



*Get out of traffic
And into training!*

Real ale and railways go together like...real ale and railways. Pembrokeshire is no exception. The Pembrokeshire Rail Travellers Association is proud to present its Pembrokeshire Coast real ale train trail in which we describe some pubs which serve real ale and are near railway stations, so you can partake of a pint or two without having to drive home afterwards Or make a fortnight of it by staying at the pubs which offer accommodation!

Participating pubs

Pembroke

Royal George Hotel, 2 The Quay, 01646 682751

Traditional town establishment by the water's edge on the quay at the west end of the town, below the castle.

Open: 11am to midnight.30 (to 1am Fri, Sat) for Banks original plus two guest beers

Children: welcome at lunchtime only.

Awards: CAMRA Good Beer Guide 2009

Special features: Beers listed on blackboard by the bar. No bandits, no juke box, no bad language.

How to find it: Leave station approach and turn left. Go under railway bridge and straight on at roundabout. Turn right down footpath beside public conveniences, then bear left along the mill pond side. Pub just beyond causeway. **20 minutes**

Lamphey

The Dial, Ridgeway, 01646 672426

Email: info@dialinn.co.uk

Website www.dialinn.co.uk

Colonial style building with high ceilings ceiling fans and separate dining and games areas. Beer Garden outside at the front.

Open: 11am-2pm or 3pm and 6pm-midnight for Bass, Worthington and one or two others

Food: Luxurious menu, including fresh fish and local produce available lunchtimes and 6pm till 9pm

Children: Welcome at all times

Awards: Pembrokeshire produce mark

Special features: WTB **** Accommodation

How to find it: Leave the station along the station approach. At the main road, carry on past the church on your right. Where the main road turns left to Pembroke, turn right. The Dial is just along on the left. **4 minutes**

Manorbier

Swan Lake Inn, Jameston, 01834 871262

Friendly XVIIth century Inn in the middle of Jameston village. Lounge and bar at the front, bar leading through to large family games room at the back, pool, darts etc.

Open: Midday-midnight for Worthington and guest ale.

Food: Traditional pub food, midday – 9pm including home made favourites.

Children: Welcome

Outside: Walled beer garden on east side of building.

How to find it: Leaving the platform, turn right over the level crossing, then right again, signposted Manorbier Newton. Carry on, caravan park on left, railway on right, past Buffalo Lodge and Greenacres Water Garden. Ten minutes into the walk, fork left up the lane opposite Sogar. Ten minutes later, turn left up hill at T junction. Swan Lake Inn is just across main road, entrance on opposite side of the building. **About 20 minutes.**

Penally

Cross Inn, 01834 844665

Tastefully modernised village inn with stone floors and light atmosphere

Open: M-W Midday-11.30pm, Th-Sa Midday-midnight.30, Su 12-11.30, Three real ales, Brains Bitter, Speckled Hen +guest (**NB.** May close afternoons in winter)

Food: Midday to 2.30 and 6pm to 8.30, traditional style

Children: welcome

Outside: patio area at front of building above the road

Special features: lovely sea views from front windows

How to find it: Leave station and cross main road. Go up lane slightly to your left into village. Cross Inn faces you, slightly left again, across the main village street. **5 minutes**

Tenby

Hope and Anchor, St Julian St, 01834 842131

Friendly local, catering for regulars and tourists, including outside area in the summer.

Open: 11am-11pm (Mon to Sat), Midday.30-10.30pm (Su) for Rev James, Worthington and Guest ales.

Food: Wide variety of bar food

Outside: Pavement tables

Awards: CAMRA Good Beer Guide 2009

How to find it: Leaving the station building, turn right across the car park, and left up the hill (Warren Street). At the top, where it meets a main road (South Parade), keep straight on to the sea front. Turn right. Follow the main street (High Street) past St Mary's church, through the broad area into St Julian Street. Hope and Anchor is on round the corner on the left. **15 Minutes**

Saundersfoot

Royal Oak, Wogan Terrace, 01834 812546

Open: 10.30-midnight.30 for Abbot ale, Old Speckled Hen, Worthington etc.

Food: Midday- 2.30 and 6pm -9pm, all day Sa, Su

Children: Welcome

Outside: Picnic tables on patio at front

Awards: Listed in Good Pub Guide

Special features: reputed to be 200 years old

How to find it: Turn left at the end of the station approach, then right into Ridgeway (no footway). Where Ridgeway turns sharply left, carry straight on down the old railway incline to the Harbour. Turn left by Heywoods the butchers and the pub is just up on the left. **25 minutes.**

Kilgetty

Begelly Arms, New Road, Begelly, Kilgetty, SA68

OYF 01834 813285

Large roadhouse with extensive food area

Open: from 3pm (Mon, Tue), 11.30 am (Wed, Thur, Fri, Sun) and midday.30 (Sat) for Worthington, Bass, maybe a third.

Food: Midday-2pm (Wed, Thur, Fri), midday- 3pm (Sun) and 6pm-9pm (Mon, Tue, Sat) lunch and evening menus – carvery may also be available.

Children: welcome – special childrens' menu

How to find it: Leave station approach, turn left, keep straight on under railway bridge, and straight on at roundabout. Begelly Arms immediately on left. **15 minutes.**

Narberth

The Angel, 43 High Street, SA67 7AS, 01834

860579

Well managed town pub, right in the middle of Narberth.

Open: 10am-midnight

Food: 10am-9pm, traditional pub style food

Children: Welcome

Accommodation: Eight letting bedrooms from £25 pppn

Awards: In CAMRA Good Beer Guide 2008

Special features: Menu features Pembrokeshire produce, good food, good beer, good cheer!

How to find it: leave station up station approach, at the top turn left into Kiln Park Road, then almost immediately right into Station Road – long walk to town with no footway. At first cross road go straight on, along Spring Gardens. At second cross roads, turn left. Angel is quickly on the right. **20 minutes.**

If you have enjoyed this Rail Trail, look out for the Heart of Pembrokeshire Rail Trail leaflet which covers the lines from Whitland to Milford Haven and Fishguard. In reviewing pubs for this guide, we realise that we have included a very broad spectrum of different styles of pub. Some serve food, some do not, some welcome children, some do not. We hope we have given enough detail to ensure that there are no surprises, but if you find any, please contact Peter (Rail Guide editor) at the Taberna, Herbrandston, SA73 3TD or by email at: taberna@inn01.freeserve.co.uk.